



Sustainable Diets Now and For Generations to Come

Friday, December 11th

11:00AM-12:00PM

Zoom: [Join Here](#)

Dr. Rebecca Boehm

Economist,

**Union of Concerned
Scientists**

**Food and Environment
Program**

Abstract: The production of food for human consumption uses natural resources at unsustainable levels, while contributing to environmental damage, including climate change. These negative impacts are putting at risk the healthfulness, availability, and quality of future diets. Consequently, production practices and systems that require fewer natural resources and cause less environmental damage, while providing consumers with healthy, affordable diets must be identified and adopted. Consumer food demand, changes to farmer behavior, agricultural and nutrition policies can help drive such changes through the food supply chain. This presentation will provide an overview of the current state of the science on sustainable dietary patterns, with a focus on the US. It will also discuss strategies and challenges for shifting food production processes and consumer food choices to enhance the sustainability of the food system.



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